

PERSONAL TRAINERS & PERMIT SYSTEM

1. Purpose

The Personal Training Permit System has been prepared to outline the procedures that all personal training groups and businesses must follow in order to obtain a permit for permission of use on community land in approved locations in parks and reserves within the City of Holdfast Bay.

The policy aims to balance the interests of Personal Trainers with those of the broader community, ensuring safety, promoting physical activity, and maintaining the quality of public spaces.

This document defines the City of Holdfast Bay's (Council) position on the management of Personal Trainers as well as supporting the Administration of requests from Personal Trainers to undertake their activities on community land and is intended to ensure:

- That the impact of commercial fitness activities on asset condition and maintenance is minimised
- That public liability concerns are addressed
- That planning for amenities, infrastructure and facilities to support recreational activities is enhanced.

2. Scope

This policy applies to all areas within the municipality and relates to all Commercial Personal Training businesses undertaking training activities within the City of Holdfast Bay.

3. Roles and Responsibilities

Elected Members	Adopt a policy outlining Council's position with regards to the personal training permit system.
All Staff	Ensure the policy is adhered to.
Recreation & Sport Coordinator & Lead	<ul style="list-style-type: none"> • Review and assess permit applications • Review policy • Review Personal Training Permit Terms & Conditions.

4. Policy Statement

The City of Holdfast Bay plays a key role in providing recreational opportunities and supporting infrastructure on public land that encourages physical activity among the community.

Personal training is a form of physical activity that is growing in popularity. This activity can involve one client or large groups at one time. This activity also involves using a range of fitness equipment.

This activity is often undertaken on Council reserves, parks and other open spaces and personal trainers often charge a commercial fee to participants.

The City of Holdfast Bay has both duty of care and an obligation to ensure that its public spaces are safe and provide on-going amenity to as many people as practicable.

4.1. General Principles

- 4.1.1. Council encourages people to participate in outdoor exercise and seeks to ensure that commercial fitness activities do not prevent others from enjoying the City of Holdfast Bay's parks and reserves or negatively impact on any community member's quality of life.
- 4.1.2. Council will utilise a permit system that outlines personal training permit conditions along with an application process and details of the suitability of each open space to support this activity (see Personal Training Permit Conditions).
- 4.1.3. Permits for Personal Training activity will only be provided for those parks and reserves which have been identified as suitable for such activity, taking into account the park or reserve size, amenity and proximity to households.
- 4.1.4. An permit will be issued to Personal Trainers identifying the park or reserve, days used and the number of participants.
- 4.1.5. Personal Training activity will only be permitted on the identified parks and reserves identified on the permit.
- 4.1.6. Personal Training permits will only be issued to trainers who are able to demonstrate membership of the appropriate professional organisation and who have the appropriate levels of public liability and indemnity insurance and other essential items as identified in the Personal Training Permit Conditions - under eligibility.
- 4.1.7. The City of Holdfast Bay has the right to decline to issue a permit or withdraw a permit.

5. Definitions

Key term or acronym	Definition
Community Land	Local government land classified as community land under Chapter 11 of the <i>Local Government Act 1999</i> .
Personal Trainer	A personal trainer is an exercise professional with the knowledge and experience to offer advice and guidance in the areas of exercise and fitness.
Personal Training Activities	Shall be used to describe organised fitness activities conducted by a commercial business or personal trainer at a Council venue (i.e. Council sports ground, park, or open space).

6. Administration Use Only

Reference Number:	Document Set ID: 4825661
Strategic Alignment:	Council's vision for 2050+ is to create "a welcoming and healthy place for all in South Australia's most sustainable city".
Strategic Risk:	Commercialisation of community public open space
Responsible Officer(s):	Recreation & Sport Coordinator Recreation & Sport Planning Lead Manager Public Realm & Urban Design
First Issued / Approved:	13/06/2017
Minutes Date and Council Resolution Number:	
Last Reviewed:	23/07/2019, 26/09/24 approved by SLT in the new template

Next Review Date:	26/09/2027
Applicable Legislation:	<p>It is a requirement of Council By-Law 3 that all organised sporting events conducted under Council land for the purpose of profit (personal training and/or group fitness sessions) be approved by express written consent from Council through issue of a permit. Failure to obtain such a permit from the City of Holdfast Bay is deemed to be an offence under Council By-Law 1 [4.1]; punishable by expiration of \$187.50, and/or subject to the additional maximum penalty prescribed by the Local Government Act 1999.</p> <p>Under Section 200 (1) of the <i>Local Government Act 1999</i>, a person must not use community land for a business purpose unless the use is approved by the Council (and to do so carries with it a maximum penalty of \$5,000).</p>
Related Policies:	N/A
Other Reference Documents:	<p>Personal Training Permit Terms and Conditions</p> <p>“Our Place” 2030 Strategic Plan</p> <p>Fees and Charges Register</p>